

If you're at high risk of health problems from H1N1 (swine flu), *AND* have trouble getting health care, call toll free at 1-877-611-4951 for a free evaluation and medicine, if needed.

High risk groups include:

- Children younger than 5 years.
- Adults 65 and older.
- Pregnant women.
- Persons younger than 19 receiving long-term aspirin therapy and at risk for Reyes syndrome.
- Persons with certain chronic medical conditions.

Region IV Public Health
Clark, Cowlitz, Skamania, Wahkiakum counties
and Cowlitz Tribe

Public Health